

# February – Month of the Holy Family

## The Holy Family Prayer

**JESUS**, Son of God and Son of Mary, bless our family. Graciously inspire in us the unity, peace, and mutual love that you found in Your own family in the little town of Nazareth.

**MARY**, Mother of Jesus and our Mother, nourish our family with your faith and your love. Keep us close to your Son, Jesus, in all our sorrows and joys.

**JOSEPH**, foster-father to Jesus, guardian and spouse of Mary, keep our family safe from harm. Help us in all times of discouragement or anxiety.

**HOLY FAMILY OF NAZARETH**, make our family one with you. Help us to be instruments of peace. Grant that love, strengthened by grace, may prove mightier than all the weaknesses and trials through which our families sometimes pass. May we always have God at the center of our hearts and homes until we are all one family, happy and at peace in our true home with you. Amen.

## Prayer to the Holy Family

“Lord Jesus Christ, who, being made subject to Mary and Joseph, did consecrate domestic life by Your unspeakable virtues; grant that we, with the assistance of both, may be taught by the example of Your Holy Family and may attain to its everlasting fellowship. Who lives and reigns, world without end. Amen.”

## Consecration Prayer to the Holy Family

“O Jesus, our most loving Redeemer, who having come to enlighten the world with Your teaching and example, willed to pass the greater part of Your life in humility and subjection to Mary and Joseph in the poor home of Nazareth, thus sanctifying the Family that was to be an example for all Christian families, graciously receive our family as it dedicates and consecrates itself to You this day. Protect us, guard us and establish among us the holy Fear of God, true peace and concord in Christian love: in order that by living according to the divine pattern of Your family we may be able, all of us without exception, to attain to eternal happiness.

Mary, dear Mother of Jesus and Mother of us, by the kindly intercession make this our humble offering acceptable in the sight of Jesus, and obtain for us His graces and blessings. O Saint Joseph, most holy Guardian of Jesus and Mary, help us by your prayers in all our spiritual and temporal needs; that so we may be enabled to praise our divine Savior Jesus, together with Mary and You, for all eternity.”

*(Our Father, Hail Mary and Glory be - 3x)*

## Pray to the Lord about the Holy Family

“Lord, You intended for the Holy Family to be an example for all, and for the Holy Spirit to enlighten our homes. May we, like them, be able to live according to the family virtues and stand united by the strength of Your love before meeting again for eternity in the joy of Your House. Amen.”

# Novena to the Holy Family

Prayers to recite for nine consecutive days:

## Novena Prayer:

Jesus, Mary, and Joseph, bless me and grant me the grace of loving Holy Church as I should, above every earthly thing, and of ever showing my love by deeds.

Jesus, Mary, and Joseph, bless me and grant me the grace of openly professing as I should, with courage and without human respect, the faith that I received as your gift in holy Baptism.

Jesus, Mary, and Joseph, bless me and grant me the grace of sharing as I should in the defense and propagation of the Faith when duty calls, whether by word or by the sacrifice of my possessions and my life.

Jesus, Mary, and Joseph, bless me and grant me the grace of loving my family and others in mutual charity as I should, and establish us in perfect harmony of thought, will, and action, under the rule and guidance of the shepherds of the Church.

Jesus, Mary, and Joseph, bless me and grant me the grace of conforming my life fully as I should to the commandments of God's law and those of His Holy Church, so as to live always in that charity which they set forth.

Jesus, Mary, and Joseph, I ask in particular this special favor: *(Mention your favor)*.

## Dedication of One's Family:

Most loving Jesus, by Your sublime and beautiful virtues of humility, obedience, poverty, modesty, charity, patience, and gentleness, You blessed with peace and happiness the family which You chose on earth. In Your mercy look upon my family. We belong to You, for we have received Your many blessings over many years and we entrust ourselves to Your loving care.

Look upon my family in Your loving kindness, preserve us from danger, give us help in time of need, and grant us the grace to persevere to the end in imitation of Your holy Family, so that having revered You and loved You faithfully on earth, we may praise You eternally in heaven.

Mary, dearest Mother, to your intercession we have recourse, knowing that your Divine Son will hear your prayers. Glorious patriarch, Saint Joseph, help us by your powerful prayers and offer our prayers to Jesus through Mary's hands. Amen.

## Prayer:

Lord Jesus Christ, being subject to Mary and Joseph, You sanctified family life by Your beautiful virtues. Grant that we, with the help of Mary and Joseph, may be taught by the example of Your holy Family, and may after death enjoy its everlasting companionship.

Lord Jesus, help us ever to follow the example of Your holy Family, that in the hour of our death Your glorious Virgin Mother together with Saint Joseph may come to meet us, and we may be worthy to be received by You into the everlasting joys of heaven. You live and reign forever. Amen.