

ACT OF CONSECRATION TO THE HOLY SPIRIT

On my knees before the great multitude of heavenly witnesses, I offer myself, soul and body to You. Eternal Spirit of God. I adore the brightness of Your purity, the unerring keenness of Your justice, and the might of Your love. You are the Strength and Light of my soul. In You I live and move and am. I desire never to grieve You by unfaithfulness to grace and I pray with all my heart to be kept from the smallest sin against You. Mercifully guard my every thought and grant that I may always watch for Your light, and listen to Your voice and follow Your gracious inspirations. I cling to You and give myself to You and ask You by Your compassion to watch over me in my weakness. Holding the pierced Feet of Jesus and looking at His Five Wounds and trusting in His Precious Blood and adoring His opened Side and stricken Heart I implore You. Adorable Spirit, Helper of my infirmity, so to keep me in Your grace that I may never sin against You. Give me grace O Holy Spirit, Spirit of the Father and the Son to say to You always and everywhere "Speak Lord for Your servant heareth." Amen

THE SEVEN GIFTS OF THE HOLY SPIRIT

O Lord Jesus Christ, Who, before ascending into heaven, did promise to send the Holy Spirit to finish Your work in the souls of Your Apostles and Disciples - deign to grant the same Holy Spirit to me, to perfect in my soul the work of Your grace and Your love.

Grant me the Spirit of Wisdom - that I may not be attached to the perishable things of this world, but aspire only after the things that are eternal.

The Spirit of Understanding-To enlighten my mind with the light of Your divine truth.

The Spirit of Counsel- that I may ever choose the surest way of pleasing God and gaining heaven.

The Spirit of Fortitude - that I may bear my cross with You, and that I may overcome with courage all the obstacles that oppose my salvation.

The Spirit of Knowledge - that I may know God and know myself, and grow perfect in the science of the Saints.

The Spirit of Piety - that I may find the service of God sweet and amiable.

The Spirit of Fear- that I may be filled with a loving reverence towards God and may avoid anything that may displease Him.

Mark me, dear Lord, with the sign of Your true disciples, and animate me in all things with Your Spirit. Amen.